



**An Introduction to Facial Reflexology Sorensensistem™**  
with

**Course tutor - Nikke Ariff MAR**

On Saturday 10<sup>th</sup> November 2012 from 10am till 4pm  
at Golden Egg Holistic, Glenfield, Portlaoise

**BRIEF SYNOPSIS**

This Seminar will introduce you to the ancient reflex-therapies underpinning Sorensensistem™ and the neurological importance of working on the face and head as a health treatment. The talk will cover the essential elements incorporated in a Sorensensistem™ treatment and the importance of the Traditional Chinese Five Elements in assessing health issues.

Neurology underpins our work on the face, and there is a good reason all our sensory organs are located in close proximity to the brain, although too often we are distracted by our preoccupation with decorating the face, that we forget their neurological importance. Like our 'sister' therapy foot reflexology, Sorensensistem™ is working on micro-body maps on the face.

Health issues as diverse as menopausal symptoms, digestive disorders and neurological issues (trigeminal neuralgia, MS, Autism spectrum, stroke) have shown to benefit from Sorensensistem™ and children love it too.

Practical work will be included in this seminar, which promises to be a 'pit-stop' on your Life-journey that has the potential to change your direction. Please note that this seminar is an introduction to Sorensensistem™ and will not bestow the attendee a qualification in Facial Reflexology.

Course tutor, Nikke Ariff is based in Central London where she has a busy full-time practice as a CAM health therapist. She has been practicing Facial Reflexology Sorensensistem™ since 2003 and teaching Sorensensistem™ since 2005. She represents the Instituto de Reflexologia Facial y Podal Internacional de Lone Sorensen in the UK and Ireland.

For course information and a Booking Form, please visit [www.facialreflexology.com](http://www.facialreflexology.com) or contact Nikke Ariff on +44 (0) 207 388 9818 or email: [health@facialreflexology.com](mailto:health@facialreflexology.com)

**To enrol for this event, please contact:**

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**The cost for this one-day introduction event is: €100 per person**

**Timetable :**

10:00 – 10:15	Enrolment
10:15 – 11:15	Introduction to Sorensensistem™
11:15 – 11:30	Tea break
11:30 – 12:30	Introduction to Sorensensistem™ and practical demonstration
12:30 – 13:30	Lunch
13:30 – 15:00	Practical work
15:00 – 15:30	Tea Break
15:30 – 16:00	Case histories / projects and Q&A